



## Course and Events Diary 2022

Course/Events	Day	Dates	Times
Open Café	Monday	Weekly	10am—12pm
Advice Appointments (1hr) <i>(please call the office to book a slot)</i>	Mon to Fri	Weekly	9am to 4pm
Legal Surgeries <i>(for service users only)</i>	Monthly	Monthly	9.30am to 1pm (30 min by telephone)
Housing Surgeries (Flagship) <i>(for service users only)</i>	Monthly	Tuesdays	9.30am—12.30pm (30 min by telephone)
Money Advice Session <i>(for service users only)</i>	Bookings only	Bookings only	To be advised at time of booking
Freedom Programme	Monday (am)	Weekly (11 weeks)	10.30am—12pm (online)
	Tuesday (pm)	Weekly (11 weeks)	1pm—2.30pm
	Tuesday (evening)	Weekly (11 weeks)	6.30pm—8pm (online)
	Wednesday (pm)	Weekly (11 weeks)	1pm—2.30pm (online)
	Thursday (am)	Weekly (11 weeks)	10.30am—12pm (online)
	Friday (am)	Weekly (11 weeks)	10.30am—12pm (online)
Re-Connect Together	Wednesday (am)	6 weeks	10am to 12pm
Re-Connect & Play	Wednesday (pm)	6 weeks	4pm—5pm
Escape the Trap	Tuesday (pm)	9 weeks	4pm—5pm
	Wednesday (pm)	9 weeks	4pm—5pm
	Friday (am)	9 weeks	11am -
Power To Change Programme	Tuesday (am)	11 weeks	10.30am—12pm
	Wednesday (pm)	11 weeks	12.30pm—2pm (online)

We currently operate a waiting list for most of our programmes. All Service Users must complete a Registration Form and have an Advice Appointment. This is to make sure we are offering the most suitable programme for you.

Please call the Women's Centre to find out more - 01473 228270